

**3/5/2023 - Speaker: Mark Humphreys**

**Series: Foundations**

**Scripture: Hebrews 4:1-16**

**Message: The Bible: A Foundation for Life!**

## Heidelberg Catechism

- Written in 1563 in Heidelberg, Germany
- Effort to unify teachings at time of Reformation
- Later, in 1618, endorsed as confession of Reformed faith

### *What Heidelberg Catechism is not...*

- Replacement of the Bible
- Inspired Word of God

### *What Heidelberg Catechism is...*

- 129 questions explaining doctrinal truths of Bible
- Written in way to teach next generation
- Compiled in 52 “Lord’s Days”, to teach weekly
- Great tool to guide you through foundational truths
- As an example, Lord’s Day 1...

#### **1. What is your only comfort in life and in death?**

*“That I am not my own, but belong - body and soul, in life and in death - to my faithful Savior Jesus Christ....”*

**(21 “proof text” from Bible to back that up)**

*If you want a copy of the Heidelberg Catechism, you can...*

1. Pick up Psalter Hymnal at Guest Center. Catechism is printed there, starting at page 861.
2. Go to our denominational website [crcna.org](http://crcna.org) for free copy.
3. Go to [www.heidelberg-catechism.com](http://www.heidelberg-catechism.com) for full information and copies.

## WHY IS THE BIBLE OUR FOUNDATION FOR LIFE?

I. The Bible offers \_\_\_\_\_. (v.. 1-11)

- We enter God’s rest through \_\_\_\_\_ (v. 4:1-3) and \_\_\_\_\_ (v. 4:11)

II. The Bible is \_\_\_\_\_. (v. 12a)

- God’s Word is an \_\_\_\_\_ with God. It’s living.
- God’ Word is \_\_\_\_\_ to my life. It’s active.

III. The Bible is \_\_\_\_\_. (v. 12b-16)

- God’s Word is \_\_\_\_\_. Exposes the truth.
- God’s Word is \_\_\_\_\_. Brings healing.

### **Challenge for the week:**

1. Commit to reading the Bible daily. If you don’t know where to start, start with the book of John.
2. Pray for the Holy Spirit to speak to you that you may have an “encounter” with God.
3. Find someone, or a group, that you can share your experiences with.

**Key: Rest, Faith, Obedience; Personal, Encounter, Relevant; Powerful, Penetrating, Transforming**