

SHADOWS: Sabbath

Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. ¹⁷These are a shadow of the things that were to come; the reality, however, is found in Christ." Colossians 2:16-17

¹ The LORD said to Moses, ² "Speak to the Israelites and say to them: 'These are my appointed festivals, the appointed festivals of the LORD, which you are to proclaim as sacred assemblies. ³ " 'There are six days when you may work, but the seventh day is a day of sabbath rest, a day of sacred assembly. You are not to do any work; wherever you live, it is a sabbath to the LORD. Leviticus 23:1-3

I. What is the Sabbath feast about? (*Exodus 20:8-11; Exodus 31:12-17*)

- Through Sabbath, Israel reminded of three things:
 - Sabbath is a gift of God's _____.
 - God is their _____.
 - God's promise is _____.

II. How is Sabbath a shadow of Christ? *Hebrews 4:1-11*

- Jesus _____ the Sabbath Promises
(Colossians 1:22; Romans 5:1)

III. What does Sabbath mean for us today?

- We can rest in our _____. (Spiritual)
- We can rest in our _____. (Physical)
- We can rest in our _____. (Eternal)

1. How would you rate your level of "rest" in the areas mentioned above?
2. Which of those three areas do you need God's presence the most?
3. Ask Him to show you how you can enter His rest!

Key: Presence; Provider; Forever; fulfilled; Identity; Humanity; Destiny